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Dacorum Mencap is a local charity affiliated to Royal Mencap, We aim to support people and families affected by learning disability in the Dacorum area.

We offer:

- 1:1 Befriending for Adults with a learning disability
- ROAR – a monthly programme of events for Adults with learning disabilities



- Advocacy in some cases
- Signposting

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- Holidays for ROAR members
- A directory of services for adults which is available to download from the website.



- Parties
- Outings
- Newsletters
- Fundraising events
- Website
- Raising awareness of the needs of people with a learning disability in the community

Dacorum Mencap welcomes support from volunteers to:

- Fundraise
- Help deliver our services
- Be Trustees

If you would like to help us we will find a role for you!



If you are a person with a learning disability or an unpaid carer, we will try and help with any queries or issues that you have. If we are unable to answer your call, please leave a message on our answer machine, we will always get back to you.

Weekly drop-ins are held at St Mary's Church Hall behind the High Street, Old Town, Hemel Hempstead on Tuesdays from 12 – 2.00pm all welcome.

Membership is only £5 per year per family, for this you receive:

- Regular Newsletters
- Updates about Local and National issues

For more information please contact us. Our details are on the back of this leaflet.

We look forward to hearing from you!



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Dacorum Mencap



**Supporting people with
learning disabilities and
their families**