



Woodfield School

‘Sharing, Caring, Achieving Together’

PHYSICAL DEVELOPMENT

What are we trying to achieve through our curriculum?					
Intent	We offer a broad and balanced Physical Development Curriculum which is student centred. We aim to promote both physical and mental wellbeing through bespoke PE sessions that are tailored to the student’s abilities and interests and through individualised Physical Development targets and activities.				
	Promote physical and mental wellbeing	Engagement and enjoyment	Monitor, maintain and develop movement and range	Positive attitudes towards fitness and health	Promote and develop hobbies and interests
	Preparing for Adulthood	Independence and self help skills	Fine and Gross Motor skills	Confidence and resilience	Social interactions

How is the curriculum being delivered					
Implementation	We aim to ensure that student’s physical needs are met and challenged. We use a variety of interventions and a multidisciplinary approach to maximise learning and monitor progress. We offer a wealth of physical experiences in order to enable students to develop their strengths and interests. We use a variety of physical therapies and interventions to support with self-regulation, self-help skills, health, movement, range and wellbeing.				
	Physiotherapy	Hydrotherapy/Swimming	Bespoke, broad and balanced PE sessions	Rebound Therapy	Sports events, clubs, trips and competitions
	Multidisciplinary approach to maximise learning	MOVE EHCP Outcomes	Functional life skills with big and small movements	Sensory curriculum and Sensory Circuits	Yoga, dance, drama and active imaginative play

How do we know that the curriculum is making a difference?					
Impact	We measure the impact of our Physical Development curriculum through a range of sources. We aim for our students to be as physically active as possible and appropriate. We endeavour for our pupils physical development skills to support them with both preparing for the future and developing independence.				
	Behaviour data	Interest in being active and enjoyment in movement	Increased confidence and self-esteem of students	Student voice	Personal achievements
	Learning walks/Observations and monitoring	Emotionally regulated students	Understanding of health and wellbeing	Progress against EHCP outcomes	Progress against academic targets