

Topic	Starting Event	Finishing Event	PHSE Focus
Animals	Farm Trip - Small world animal role play	Zoo trip/Aquarium	Mental Health/proven benefits of animal care/ being outside/ helping others and mental health
Senses	Touch and taste focus on senses	Electric umbrella	Growing and changing/ becoming more aware of bodies and how we change as we grow
People who help us/Careers	Visit from professionals ie police/fireman/ice cream van	Kidzania	Personal safety /how people can help us and who to seek help from eg police
Colour	Coloured textures and materials/Parachute	Colourscape	Media and digital safety
Water	Splash park	Splash park	Physical health/ staying active/healthy eating/healthy and 'sometimes' foods
The beach	Beach role play/imaginative play	Ruislip Lido	Relationships and Sex education/healthy relationships and consent