

# Multi Choice Extra Menu Winter/Spring 23/24

<b>WEEK 1</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Quorn Burger in a Bun (v)	Beef Bolognese	Roast Chicken with Sage and Onion Stuffing and Gravy	Pork Sausages with Gravy	Fishcake
Baked Bean and Cheese Slice (v)	Sweet Potato Wrap (Ve)	Roast Quorn Fillet with Sage and Onion Stuffing and Gravy (v)	Cheese Pinwheel (v)	Cheese and Tomato Pizza (v)
Diced Potatoes or Pasta	Spaghetti or Rice	Roast Potatoes or Wholemeal Pasta	Creamed Potatoes or Pasta	Oven Chips or Tricolour Pasta
Tomato Pasta with Cheese (v)	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Cheesy Pasta (v)	Jacket Potato with Various Toppings
<b>WEEK 2</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Mild Chicken Curry	Veggie Sausages with Gravy (Ve)	Roast Pork with Sage and Onion Stuffing and Gravy	Beef Burger in a Bun	Battered Fish Fillet
Vegetarian Roll (Ve)	Sweet Chilli Quorn (v)	Shepherdess Pie (Ve)	Macaroni Cheese (v)	Cheese and Tomato Pizza (v)
Rice or Garlic Bread	Creamed Potatoes or Pasta	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Rice	Oven Chips or Tricolour Pasta
Jacket Potato with Various Toppings	Tomato Pasta with Cheese (v)	Jacket Potato with Various Toppings	Cheesy Pasta (v)	Jacket Potato with Various Toppings
<b>WEEK 3</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Vegan Non-Meatballs (Ve)	Chicken Pie	Roast Beef with Gravy	Quorn Hot Dog (v)	Fish Fillet Fingers
Mild Vegetable Curry (Ve)	Bean and Vegetable Grill (Ve)	Potato Topped Vegetable Pie (v)	Beany Pasta Bake (Ve)	Cheese and Tomato Pizza (v)
Rice or Diced Potatoes	Creamed Potatoes or Rice	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Garlic Bread	Oven Chips or Tricolour Pasta
Jacket Potato with Various Toppings	Tomato Pasta with Cheese (v)	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings (v)	Cheesy Pasta (v)

## Deserts

- Cake and custard
- Biscuit and custard
- Fruit
- Jelly
- Seasonal mousse
- Friday Only – Jelly and Ice Cream
- Yogurt – for those with dysphagia